1. Sign in for prize drawings
2. Pick up a shirt (while supplies last)
3. Warm up
4. Walk for 30 minutes

LETS TAKE A WALK!
Walks start at 12PM

UC DAVIS HEALTH
Thurs. 5/17
Education Building
Entrance
Check with your Manager or Wellness Ambassador if you are at a PCN

Bring your walking shoes and...

Help us break in our new Healthy UC Davis Walking Paths:
Introducing the ACC Loop and Moore Path!

Visit healthy.ucdavis.edu/walk to check out the #UCWALKS maps!

For more information, visit wellbeing.ucdavis.edu