Travel Medicine Program

Up to 40% of all international travelers will experience a health event (trauma or illness) during the course of their trip. The incidence of many of these events can be reduced, thus ensuring health and well-being as well as success of the mission requiring travel.

Obtaining pre-trip health care and advice from a clinician familiar with travel is an important step in preparing to travel internationally. Ideally, this visit should take place 4-6 weeks before a trip, but even getting a consultation during the week before travel can be of value. The pre-travel visit includes a discussion of the immunizations, prophylactic medications (such as anti-malaria drugs), and specific health advice for preventing and treating Travelers diarrhea and other illnesses that may arise. Travelers who have chronic health issues or who take medications may also need to coordinate their pre-travel care with their regular doctors. The Centers for Disease Control and Prevention (CDC) recommends that travelers prepare and carry a travel health kit [1].

Services Offered
For the UC Davis international business traveler, the UC Davis Travel Medicine Program offers the following services at NO CHARGE TO YOU, YOUR GRANT, OR YOUR DEPARTMENT:

1. Personalized travel report (Travax) with immunization recommendations, medical and country-specific concerns, and emergency contact information.
2. Physician evaluation to determine pre-trip health and medical plan.
3. Administration of all necessary vaccines.
4. On campus pharmacy for needed travel medications.

Schedule a Travel Exam
Call Occupational Health at (530) 752-6051.
For your examination, please bring any immunization records you may have.

Travelers are encouraged to register [2] their trip so that emergency response services can be deployed to the traveler throughout the world at a moment’s notice.

What others are saying about UC Davis Travel Medicine Program...
"This is a wonderful service that has streamlined travel prep for my international work. The team is
incredibly knowledgeable and makes me feel secure that my travel health needs are well in hand."
-Jonna Mazet, DVM, MPVM, PhD, Executive Director, One Health Institute

"I used the Travel Clinic for malaria prophylactics and for antivirals to be used in case of monkey bites/exposures. I was previously unaware of the clinic and got my other vaccinations through my personal doctor to the tune of more than $1,000. Having the clinic is a major benefit!"
-Eliza Bliss-Moreau, PhD, Assistant Professor, Department of Psychology, Core Scientist, California National Primate Research Center

Please note: If you cannot make your scheduled appointment, please call Occupational Health Services to cancel or your department will be charged a $50 missed appointment fee.

Contact

Occupational Health Services
occupationalhealth@ucdavis.edu 530-752-6051

More information

Related content
1. Travel Insurance

External links

1. [CDC Travelers' Health](http://wwwnc.cdc.gov/travel/)

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