RECOMMENDATIONS FOR PATIENTS WITH RADIOACTIVE IODINE-125 SEED IMPLANTS

A. ____________________________ was treated on ____________, 20________, with a permanent implant with radioactive iodine (I-125) of _____________ mCi. For further information, call Radiation Oncology at 916-734-______________.

B. NO SPECIAL RADIATION SAFETY PRECAUTIONS ARE NECESSARY AFTER _____________. (date) UNTIL THAT DATE:

1. Show this form to every doctor you have an appointment with.

2. The radioactive iodine is in small metal tubes called "seeds". Each tube is about 1/4 inch long and as thick as a straight pin. If any "seeds" are found they should be picked up with a spoon or tweezers. The "seeds" should not be touched with the fingers or hands. Flush any seeds down the toilet. Tell your physician at your next appointment.

3. Unless a radioactive seed leaves your body, you will not contaminate anything. For example, bedding, clothing, tableware, dishes, and toilet facilities may be used by others without any special precautions. There are no limitations on close contact with other persons.

C. If you have questions about safety precautions, please call us at this number.

UC Davis Health System
Health Physics Office
(916) 734-3355