



INTELLIGENT
RISK SYSTEMS

University of California

**Entry/exit quarantine procedures for
China and Hong Kong**



SUMMARY

Healthy people arriving on flights without suspected influenza A(H1N1) - swine flu - cases aboard are able to enter China without difficulty. The U.S. State Department, however, has advised that local authorities, particularly outside gateway cities such as Beijing, Guangzhou, and Shanghai, could break from official policy and possibly quarantine people who have traveled from North America or other H1N1-affected areas.

China, like many other Asian countries, has implemented special medical screening procedures for flights arriving from areas reporting large numbers of influenza A(H1N1) infections. Officials often board the aircraft to take passengers' temperatures before they are allowed to disembark. Flights arriving from affected countries are segregated and passengers are then directed through specific channels for screening. Travelers must fill out a health declaration card and may be screened for fever again in the terminal. If anyone on the flight is ill, that passenger will be isolated and taken to a hospital for medical evaluation. Other passengers, including crew and eight passengers surrounding the sick person, will be quarantined for seven days, or until authorities determine that the sick passenger is not infected with influenza A(H1N1).

Communication with people in quarantine or isolation can be difficult. People suspected of having influenza A(H1N1) are isolated in a designated H1N1 treatment center and not allowed to receive visitors. Exposed, but healthy, people who arrive in Beijing are quarantined at the Guomen Hotel.

Hospitals designated as influenza A(H1N1) treatment centers include:

- Beijing: Ditan Hospital, You'An Hospital, and Peking Union Hospital.
- Shanghai: Shanghai Public Health Center, Jinshan District and Children's Hospital of Fudan University, Minghan District
- Guangzhou: Guangzhou No. 8 Hospital
- Chengdu: Huaxi Hospital, People's No. 6 Hospital, and Chengdu No. 4 Hospital
- Shenyang: Shenyang Infectious Disease Hospital

In Hong Kong, temperature checks are performed on travelers at airports and entry ports. Sick people are isolated and medically evaluated. As of May 20th, persons identified as having close contact with patients infected with influenza A(H1N1), including passengers within three rows of confirmed cases, are not "required to be quarantined at holiday camps. Instead, they will be prescribed with *oseltamivir* (Tamiflu) prophylaxis supervised by medical professionals." The first dose must be taken at the "holiday camp" under the supervision of medical staff. After taking the first dose, close contacts are required to attend on a daily basis one of five designated Chest Clinics: " Wan Chai Chest Clinic, East Kowloon Chest Clinic, Yau Ma Tei Chest Clinic, Yan Oi Chest Clinic, and Yuen Chau Kok Chest Clinic. Health advice will be provided on observance of personal protective measures such as wearing of face masks and keeping of good personal hygiene." Persons can agree to either take Tamiflu under supervision daily or remain under quarantine. (Details are outlined in May 20 press release at: <http://www.dh.gov.hk/english/press/press.html>) "Close contacts" can also include those staying in the same hotel as an H1N1-infected person.

ADVICE

Do not travel with fever or cough. Be sure to carry emergency contact information in case you are quarantined, or isolated due to illness. Healthy business travelers are unlikely to encounter problems in major cities - unless someone on their arriving flight falls ill - but people traveling to onward destinations, particularly secondary cities or rural areas, should be cognizant of the potential for travel disruptions due to unequal enforcement of immigration and quarantine policies. In some cases, host organizations (including schools) could ask people traveling from H1N1-affected areas to quarantine themselves.

RESOURCES AVAILABLE TO YOU

The Office of Risk Services within the Financial Management Department at the UC Office of the President has arranged for UC travelers to be covered for a wide variety of accidents and incidents while away from the campus or primary workplace. Upon completion of the short Traveler Insurance form, employees will be provided with information to use in an emergency while traveling on UC business both domestically and abroad. Please register your business trips out of state and to foreign countries. This information will be important in the event of health, safety or security circumstances that may arise during the course of your travel that may affect you.

Please register your travel plans at:

<http://www.uctrips-insurance.org/>

You will be able to receive e-mail and phone/text messages from iJET that will provide you with travel safety and security alerts.

If you have questions please contact your local Risk Management Office at your campus or medical center, or e-mail Shaudreya.Waterman@ucop.edu



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