

KEEP THE FLU **OUT** OF WASHINGTON U.!

Wash your hands:

Use soap and water or alcohol-based hand cleaners, especially after coughing or sneezing.

Don't pick, prod, or poke:

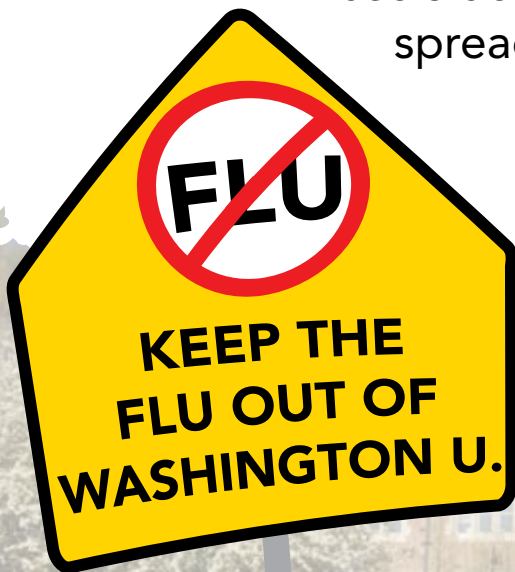
Avoid touching your nose, eyes, or mouth.

Cover up:

Use a tissue to cover your mouth and nose when you sneeze or cough. If you don't have a tissue, cough or sneeze into your upper sleeve.

Don't be a hero:

If you have a fever with a cough, sore throat, or muscle aches, don't go to class and possibly spread it to others. Just stay home.



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